

# Massage Menu

## **Mediterranean Relaxing Massage** (45 min – 80 € / 60 min – 95 €):

Enjoy a gentle massage with essential oils, designed to relieve stress and promote deep calm.  
Perfect for disconnecting and renewing body and mind.

## **Deep Tissue Massage** (45 min – 80 € / 60 min – 95 €):

A deep and targeted massage to release muscle tension and dissolve knots. Ideal for relieving pain and improving mobility, leaving your body renewed and more flexible.

## **Leg Circulatory Massage** (30 min – 60 €):

Specially designed to revitalize your legs. This massage stimulates circulation, leaving you with a feeling of lightness and well-being.

## **Revitalizing Foot Massage** (30 min – 60 €):

An exclusive treatment for your feet, stimulating circulation and relieving heaviness, providing a refreshing sensation.

## **Craniofacial and Neck Massage** (25 min – 60 €):

Designed to release accumulated tension in the head, neck, and shoulders. This massage soothes headaches and promotes deep relaxation, leaving you with a feeling of calm and well-being.